3B Scientific



BEST OF THERAPY & FITNESS

3bscientific.com

People all over the globe benefit from 3B Scientific's extensive expertise in science and anatomy.



Dear therapy professional and fitness enthusiast,

The last time I treated a colleague's arm with Kinesiology tape, I managed to get a grateful smile from her, even though she was in pain. Are not the most precious moments those when we can conjure up a smile on someone's face?

We would like to help you bring a smile to the face of your patients and customers! Thanks to our wide range of high-quality, durable and reasonably priced therapy and fitness products, this is possible! You know, from your personal experience every day, the importance of well-being and joy when your patients' pain is reduced and they advance on the way to recovery from injuries.

Today, you are receiving the "Best of Therapy" catalogue – an exclusive selection of products for your practice, which helps you promote health and well-being. We selected and developed these products based on our many years of experience in anatomy and science.

I am especially pleased to introduce: the new exercise band by **Sup-R Band**®. They have the best point and traction resistance qualities, are hypoallergenic and latex-free.

For hand therapy, we can offer you a wide range of therapy products: with **Digi-Extend n' Squeeze**®, you can offer your patients bending and stretching exercises. Thanks to **Digi-Flex**® **Multi**®, the flexibility and resistance of individual fingers can be improved. Lastly, our kinesiology tapes: **3B**TAPE **CLASSIC** and **3B**TAPE **ELITE** which offer the perfect solution, one for daily use and one for the higher demands of athletes.

Choose the right products for you by browsing our catalog. Our complete product range can be found online:

3bscientific.com

If you have any questions or concerns, the 3B Scientific team is available at any time. I look forward to hearing from you.

Kind regards,

Tatjana Galitskaja
Therapy Product Manager



ULTRASOUND

SONOMED – Reliable ultrasound device for daily applications



Ultrasound Sonomed V
This lightweight mains powered Dual Frequency Ultrasound Unit provides Ultrasound Therapy at 1 and 3MHz, with continuous or a choice of pulsed modes, digital and built in pre-set protocols.

+ Continuous and pulsed ultrasound therapy
+ User friendly, lightweight design with large blue backlight
+ LCD display
+ Head overheating and cable connection auto-detection
+ 17 Protocols with most appropriate parameters for clinical indications
+ Free programmable memory positions to record your own protocols
+ Very well suited for the treatment of clinic patients or patients at home



Standard Accessories:
- 2 ultra sound treatment head (UTH)
- Frequency: 1 and 3 Mhz continuous and pulsed
- Instruction manual
- 3 pole power cables
- 1 gel tube

Specifications:
- Frequency: 1 and 3 Mhz continuous and pulsed
- Pulse frequency: 100Hz, 48Hz, 16Hz (± 10%)
- Intensity: 0-2 W/cm2 continuous / 0-3 W/cm2 pulsed
- Time switch: 1 to 20 minutes
- Mains power: 100-230 V, (50/60Hz)
- Maximum consumption: 65 VA
- Weight: 2,6 kg
- Dimensions: 31 x 11 x 21 cm

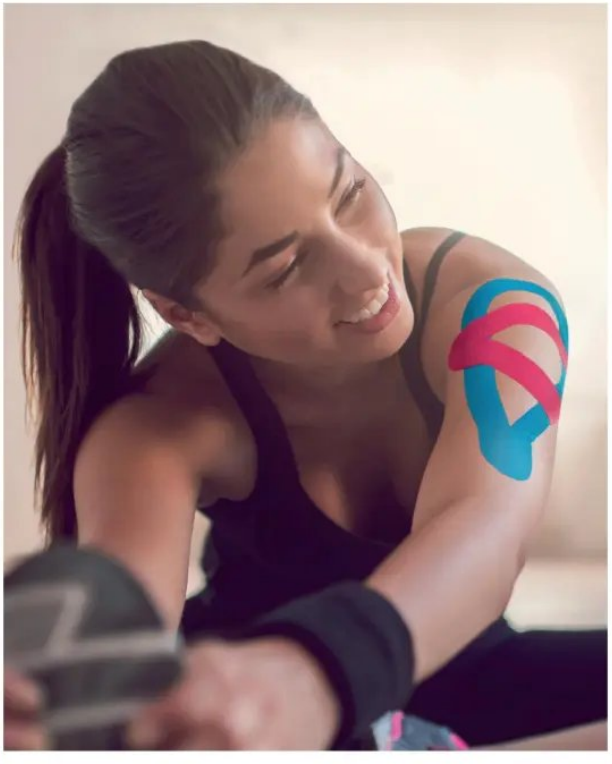
BT-1018821

3BTAPE **CLASSIC**



3B Scientific® Kinesiology Tape Classic was developed to be used for everyday Kinesiology taping treatments

3BTAPE **CLASSIC**
+ Made from a cotton rayon fiber that is latex free and hypoallergenic
+ Skin-friendly with thermoplastic wave-like acrylic adhesive on one side
+ Water resistant, air-permeable, does not come off in the shower, pool, or sauna
+ Available in 5 m x 5 cm or 31 m x 5 cm
+ Can be stretched lengthways up to 140%
+ Used in a wide variety of Kinesiology Taping treatments



3BTAPE **CLASSIC** has a skin-friendly, thermoplastic wave-like acrylic adhesive on one side. The wave like adhesive is used to push sweat and moisture away from the tape. This means that **3B**TAPE **CLASSIC** is water resistance, air-permeable and does not come off in the shower, pool, or sauna. **3B**TAPE **CLASSIC** can be stretched lengthways by approximately 130 -140%. Available in Blue, Beige, Black, Pink, Green, and Yellow.



Colour	Size	Item No.
Blue	5 m x 5 cm	**BT-1002405**
Beige	5 m x 5 cm	**BT-1008620**
Black	5 m x 5 cm	**BT-1008621**
Pink	5 m x 5 cm	**BT-1008622**
Yellow	5 m x 5 cm	**BT-1012803**
Green	5 m x 5 cm	**BT-1012804**

Colour	Size	Item No.
Blue	31 m x 5 cm	**BT-1013841**
Beige	31 m x 5 cm	**BT-1013836**
Black	31 m x 5 cm	**BT-1013840**
Pink	31 m x 5 cm	**BT-1013842**



3BTAPE ELITE

3B Scientific® Kinesiology Tape Elite was designed specifically to meet the individual needs of high performing athletes

3BTAPE **ELITE**
+ Easy to apply, elastic with strong support
+ Innovative material - a blend of 90% microfiber and cotton
+ Waterproof and hypoallergenic
+ Latex free and skin friendly
+ Superior adhesion, long lasting even when used under extreme conditions
+ Created specifically for high performing athletes

3BTAPE **ELITE** provides the trusted benefits of 3B Scientific Kinesiology Tape Classic but offers longer lasting applications. Kinesiology has been used for decades to aid in injury recovery and rehabilitation of soft tissues. **3B**TAPE **ELITE** goes one step further with its synergistic fiber composition to provide stronger adhesiveness than regular tapes.

3BTAPE **ELITE** rolls are 5 m x 5 cm in length and are available in Beige, Blue, Black, and Pink.

Colour	Size	Item No.
Blue	5 m x 5 cm	**BT-1018892**
Beige	5 m x 5 cm	**BT-1018890**
Black	5 m x 5 cm	**BT-1018891**
Pink	5 m x 5 cm	**BT-1018893**







3BTAPE **Coated Kinesiology Scissors**
The latest innovation in engineering and craftsmanship. These scissors are made from high carbon stainless steel which keeps the blade razor-sharp for years. Perfectly balanced for precision cutting and easily cuts multiple strips of kinesiology tape at the same time. These Kinesiology Taping Scissors are specially coated with black carbon and a fluorine resin which virtually eliminates adhesive residue.
BT-1014148





CanDo® Theraputty™ – Exercise Putty designed to strengthen hand grip

+ The material is gluten, casein and latex free
+ Thanks to different consistencies also suited for youngsters
+ The material does not dry out

Cando® Theraputty™ can be used in therapy to improve grip strength, dexterity, and hand strengthening through finger, hand and wrist resistive exercises. Each colour-coded putty has a different consistency ranging from XX-Light for strengthening the weakest grasp to X-Heavy for developing a stronger grip.

Available in convenient easy-to-open plastic containers (56 g, 85 g and 113 g) for patients to use at home and a choice of larger containers 450 g for the hospital or clinic.

Weight	Colour	Strength	Item No.
85 g	Tan	XX-Light	**BT-1015427**
85 g	Yellow	X-Light	**BT-1015428**
85 g	Red	Light	**BT-1015429**
85 g	Green	Medium	**BT-1015430**
85 g	Blue	Heavy	**BT-1015431**
85 g	Black	X-Heavy	**BT-1015432**

CanDo® Antimicrobial Theraputty™ Edition
With an antimicrobial formula, Theraputty™ hand exercise material is the standard in resistive hand exercise. Available in containers of 170 g, 450 g and 2,2 kg.

Weight	Colour	Strength	Item No.
170 g	Tan	XX-Light	**BT-1015494**
170 g	Yellow	X-Light	**BT-1015495**
170 g	Red	Light	**BT-1015496**
170 g	Green	Medium	**BT-1015497**
170 g	Blue	Heavy	**BT-1015498**
170 g	Black	X-Heavy	**BT-1015499**

CanDo® Variable Strength Exercise Putty
It allows you to achieve infinite levels of progressive resistance using only one putty. As grip strength increases, work pliable pellets into base putty to increase putty's resistance. Available also as 1 chip pack and 32 pellet-packs.

Article	Size	Item No.
Putty Base	71 g	**BT-1015314**
Putty Base	450 g	**BT-1015315**
Putty Base	2,27 kg	**BT-1015316**
Putty Base + 1 clip pack	71 g	**BT-1015311**
Putty Base + 32 clip packs	2,27 kg	**BT-1015313**

CanDo® Microwaveable Exercise Putty, firm (aqua)
CanDo® Microwaveable Putty's new formula allows you to warm exercise putty in a microwave. Use warm putty to perform soothing hand exercises.
450 g BT-1015321
2,27 kg BT-1015323

Full product range available online at 3bscientific.com

Let's digi! Digi-Flex Multi® – the future of hand therapy



› NEW

Digi-Flex Multi® Hand Exerciser
The Digi-Flex Multi® Hand Exerciser develops isolated finger strength, flexibility and coordination. Interchangeable finger buttons make the Multi® a truly versatile exerciser. Use each button independently to exercise fingers or compress the entire unit for complete hand and forearm strengthening. Change resistance for any finger by changing the finger button.

There are 8 levels of finger buttons available: tan (XX-Light), yellow (X-Light), red (Light), green (Medium), blue (Heavy), black (X-Heavy), silver (XX-Heavy), gold (XXX-Heavy). Clinic hand therapy and home exerciser kits, as well as individual components are available online at 3bscientific.com.

Description	Item No.
Basic Starter Pack - Frame and 4 Green (medium) Buttons	**BT-1019829**
Progressive Starter Pack - Frame and 4 Green, 1 Yellow, 1 Red, 1 Blue, 1 Black Buttons	**BT-1019821**
Large clinic pack, standard (5 pre-built Multis plus 20 button set w/rack)	**BT-1019816**

Full product range available online at 3bscientific.com





CanDo® Digi-Extend n' Squeeze® Hand Exerciser
Combines best features of Digi-Extend® and Digi-Squeeze®. Helps to develop isolated finger strength, flexibility and coordination. Provides complete reciprocal exercise program (flexion and extension). Ergonomic ball-shape positions fingers and hand for ideal pressure distribution. Comes with exercise brochure.

Colour	Resistance	Item No.
Yellow	X-Light	**BT-1015484**
Red	Light	**BT-1015485**
Green	Medium	**BT-1015486**
Blue	Heavy	**BT-1015487**
Black	X-Heavy	**BT-1015488**



CanDo® Digi-Squeeze® Hand Exerciser
An exercise ball that helps develops isolated finger strength, flexibility, and coordination for rehabilitation of carpel tunnel, arthritis, stroke, fractures, tendon injury, nerve lacerations, tennis elbow and more. The ball comes with exercise pamphlet and is available in three different sizes for small, medium, and large hands.

Colour	Resistance	Item No.
Yellow	X-Light	**BT-1015419**
Red	Light	**BT-1015420**
Green	Medium	**BT-1015421**
Blue	Heavy	**BT-1015422**
Black	X-Heavy	**BT-1015423**

EXERCISE BANDS





› NEW

Sup-R Band®

A new environmental friendly thermoplastic band formulation – It excels compared to other latex and latex free bands

Sup-R Band®
+ Universal exercise band
+ Performs like latex band but with the non-allergenic properties of latex free band
+ Same force to stretch and contract as Theraband® latex band
+ Powderless for less mess and textured for easy gripping
+ Better puncture and tear resistance than other bands
+ Long lasting – resistant to UV/sun light - and therefore environmental friendly

Sup-R Band® is colour coded in TheraBand® colours for easy reference and is available in 46 m, 5,5 m, sets of 3 (with different strength) and single packaging.

Length	Colour	Resistance	Item No.
5,5 m	Yellow	X-Light	**BT-1020816**
5,5 m	Red	Light	**BT-1020817**
5,5 m	Green	Medium	**BT-1020818**
5,5 m	Blue	Heavy	**BT-1020819**
5,5 m	Black	X-Heavy	**BT-1020820**

Full product range available online at 3bscientific.com



CanDo® Exercise Band
CanDo® exercise bands are perfect for rehabilitation and strengthening of the muscles. Available in 8 colour coded resistance strengths in 91,4 m, 46 m, 5,5 m, low powder and latex free & perforated.

Length	Colour	Resistance	Item No.
5,5 m	Tan	XX-Light	**BT-1009107**
5,5 m	Yellow	X-Light	**BT-1009108**
5,5 m	Red	Light	**BT-1009109**
5,5 m	Green	Medium	**BT-1009110**
5,5 m	Blue	Heavy	**BT-1009111**
5,5 m	Black	X-Heavy	**BT-1009112**
5,5 m	Silver	XX-Heavy	**BT-1009114**
5,5 m	Gold	XXX-Heavy	**BT-1009113**

Full product range available online at 3bscientific.com

FITNESS ACCESSORIES





CanDo® Exercise Tubing

+ Made from high quality materials with the classic stretch properties of CanDo® bands
+ Light-weight, compact and can be used for a wide range of exercises
+ Available in 8 different resistance grades and as 7,6 m and 30,5 m low powder and 30,5 m latexfree and in tubing PEP Packs (with 3 tubes inside)

Length	Colour	Resistance	Item No.
7,6 m	Tan	XX-Light	**BT-1015393**
7,6 m	Yellow	X-Light	**BT-1009087**
7,6 m	Red	Light	**BT-1009088**
7,6 m	Green	Medium	**BT-1009089**
7,6 m	Blue	Heavy	**BT-1009090**
7,6 m	Black	X-Heavy	**BT-1009091**
7,6 m	Silver	XX-Heavy	**BT-1009092**
7,6 m	Gold	XXX-Heavy	**BT-1015394**

CanDo® PEP® Packs

Each pack contains three 1,2 m bands of varying resistances and an illustrated instruction/exercise therapy chart.

Colour	Resistance	Item No.
Yellow / Red / Green	Light	**BT-1015390**
Green / Blue / Black	Medium	**BT-1015391**
Black / Silver / Gold	Heavy	**BT-1015392**

Trendy Chrome Dumbbells

The chrome dumbbells with rounded edges and ergonomic, fluted grip. Even with sweaty hands, they are comfortable and non-slippery.



Weight	Item No.
1,0 kg	**BT-1016585**
2,0 kg	**BT-1016586**
3,0 kg	**BT-1016587**
4,0 kg	**BT-1016588**
5,0 kg	**BT-1016589**
6,0 kg	**BT-1016590**
7,0 kg	**BT-1016591**
8,0 kg	**BT-1016592**
9,0 kg	**BT-1016593**
10,0 kg	**BT-1016594**

CanDo® Exercise Balls

CanDo® Exercise balls are used to improve balance, coordination, flexibility, strength and even just for fun. They are used by pediatric and NDT therapists as an aid for vestibular movement and equilibrium therapy, by fitness professionals as an aid for stretching and strength training programs, chair replacement, and even by pregnant women in birthing classes.

Colour	Size	Item No.
Orange	55 cm	**BT-1013948**
Green	65 cm	**BT-1013949**
Red	75 cm	**BT-1013950**
Blue	85 cm	**BT-1013951**

Variations available:

CanDo® Deluxe Anti-Burst Exercise Ball with a vinyl that is specially formulated to release air slowly if a sharp object accidentally punctures the ball.

Colour	Size	Item No.
Orange	55 cm	**BT-1008999**
Green	65 cm	**BT-1009000**
Red	75 cm	**BT-1009001**
Blue	85 cm	**BT-1009002**

CanDo® Sensi-Ball with a specially textured “nubby” surface with massage effect for better grip.

Colour	Size	Item No.
Green	65 cm	**BT-1015448**
Red	75 cm	**BT-1015449**
Blue	85 cm	**BT-1015450**
Red	100 cm	**BT-1015451**

Full product range available online at 3bscientific.com



Trendy Cuff Weights

Hands and ankle weights made of polyester with Velcro and filled with sand (weights from 0,5 kg - 3,0 kg).

Cuff Weight	Item No.
0,5 KG	**BT-1016562**
1,0 KG	**BT-1016563**
1,5 KG	**BT-1016564**
2,0 KG	**BT-1016565**
2,5 KG	**BT-1016566**
3,0 KG	**BT-1016567**

MASSAGE THERAPY

A full line of essential massage furniture and tools for your practice available at 3bscientific.com



The 3B Scientific® Massage Tables are lightweight but strong in support. Rugged enough for your daily schedule. In wooden and aluminum quality.

3B Basic Portable Massage Table

Colour	Item No.
Blue	**BT-1013724**
Green	**BT-1013725**
Burgundy	**BT-1013726**

3B Deluxe Portable Massage Table

Colour	Item No.
Blue	**BT-1013727**
Green	**BT-1013728**
Burgundy	**BT-1013729**

3B Aluminium Portable Massage Table

The 3B Aluminium Portable Massage Table is designed with the mobile therapist in mind.



+ Lightweight and portable
+ Rugged enough for everyday use

Features:

- 8 cm foam
- Height adjustment: 60 x 84 cm
- Weight: 12,7 kg
- Aluminium headrest frame
- Armrest shelf
- Carry case
- 75 cm x 185 cm

Colour	Item No.
Blue	**BT-1018652**
Black	**BT-1018653**

3B Pro Massage Chair

This Massage Chair has a great ergonomic design and is perfect for maintaining the proper body alignment. Designed for all types of physical treatment and all types of patient morphology. 115 x 58 x 28 cm.



+ Lightweight and portable, only 12 kg
+ Very sturdy and foldable
+ Supports up to 250 kg
+ Highly adjustable seat, sternum and headrest
+ Upolstered in PVC

Colour	Item No.
Blue	**BT-1013730**
Burgundy	**BT-1018647**
Black	**BT-1013731**

MASSAGE ACCESSORIES

Ceramic Wonder – Tools to reduce therapist fatigue



Ceramic Wonder Tools
Hand-crafted massage tools made from natural and environmentally safe clay and glaze. These eco friendly devices are designed to provide you with a muscle-relaxing, stress-reducing, stimulating massage experience.

Heated, the tools serve as an extension of the therapist hands to warm and loosen tight muscles and balance energy point in the body. As a chilled tool, the Ceramic Wonder is a powerful decongestant as it pushes fluid and waste out of overworked, chronically tense, or inflamed tissues.

+ Can be used heated or chilled
+ 100% natural ergonomic material
+ Lightweight and durable
+ Elegant design
+ Can be used to ease muscle pain and stress providing relief



Ceramic Wonder Professional Tool Set
Heated, the 23 cm roller and one 37 cm help to warm and loosen tight muscles and balance energy point in the body.
BT-1015665



Ceramic Wonder Reflex Body Globes
Restores energy to your face and body and Increases circulation to promote oxygenate the skin
BT-1015670

Ceramic Wonder Spine Fork Tool
This tool is ideal for working along the erector spinae (extensor spinae) muscles.
BT-1015668





Ceramic Wonder Thumbs Up Tool
This tool is designed to aid the therapist's thumb.
BT-1015669

Ceramic Wonder Touch Down Massage Tools
These tools can be used to apply deep pressure to muscular trigger points and tension or with semi-circle moves over the rest of your body.

Touch Down	**BT-1015666**
Touch Down Mini	**BT-1015667**



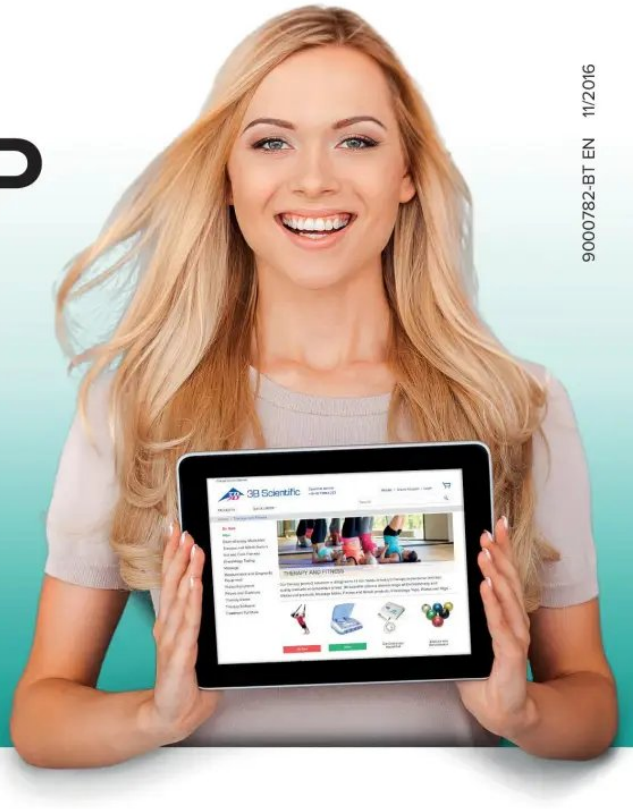
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